A Deeper Dive into Risk, Need & Responsivity

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Risk Principle

- <u>Not</u> necessarily a risk for violence or dangerousness
- Difficult prognosis or lesser amenability to treatment
- The higher the risk level, the more intensive the supervision and accountability should be, and vice versa
- Mixing risk levels is contraindicated

Prognostic Risk Factors

- Current age < 25 years
- Delinquency onset < 16 years
- Substance use onset < 14 years
- Prior rehabilitation failures
- Prior incarceration
- History of violence
- Antisocial Personality Disorder or Psychopathy
- Familial history of crime or addiction
- Criminal or substance use associations



Need Principle

- Clinical syndromes or impairments (diagnosis)
- Cause crime ("criminogenic") or interfere with rehabilitation ("responsivity")
- Addiction is criminogenic and serious mental illness interferes with response to rehabilitation
- The higher the need level, the more intensive the treatment or rehabilitation services should be, and vice versa
- Mixing need levels is contraindicated



High Risk Low Risk

High Needs

Low Needs



Shaping Behavior

Don't expect too much

- Learned helplessness, ratio burden, ceiling effects

Don't expect too little

 Habituation, complacency



- Proximal vs. distal vs. mastered goals
- Phase specificity

 What was once distal becomes proximal and is eventually mastered



Substance Dependence or Addiction

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- 1. Triggered binge pattern
- 2. Cravings or compulsions
- 3. Withdrawal symptoms

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Abstinence is a <u>distal</u> goal

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Abstinence is a distal goal

Substance Misuse

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Abstinence is a <u>distal</u> goal

Substance Misuse

Abstinence is a proximal goal

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Abstinence is a distal goal

Substance Misuse

Abstinence is a proximal goal

Collateral needs

- Dual diagnosis
- Chronic medical condition (e.g., HIV+, HCV, diabetes)
- Homelessness, chronic unemployment

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Abstinence is a distal goal

Substance Misuse

Abstinence is a proximal goal

Collateral needs

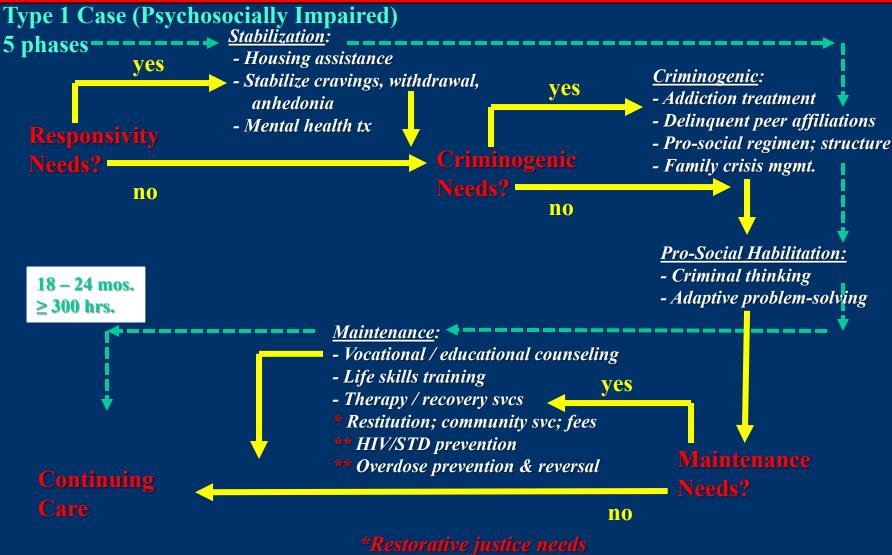
Regimen compliance is proximal

- Dual diagnosis
- Chronic medical condition (e.g., HIV+, HCV, diabetes)
- Homelessness, chronic unemployment

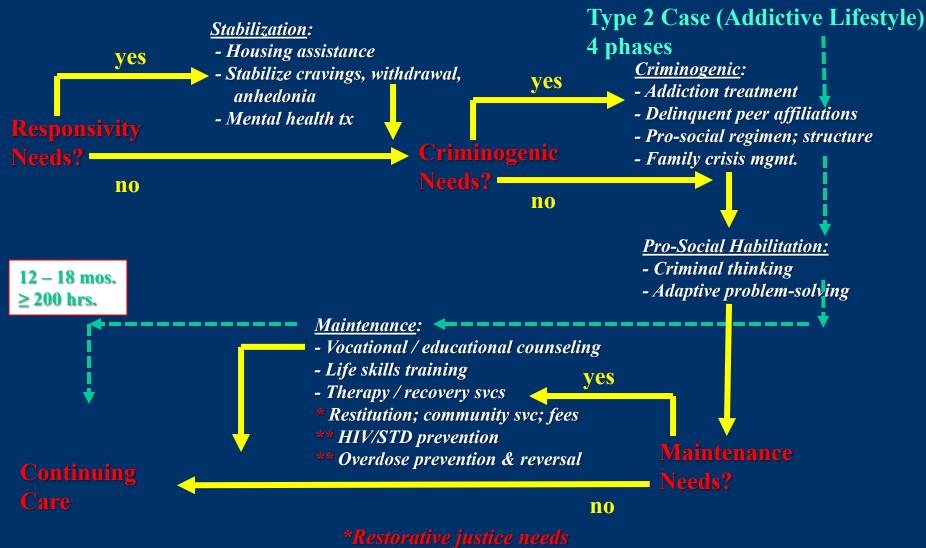
Specific Responsivity

Order and timing of intervention is crucial:

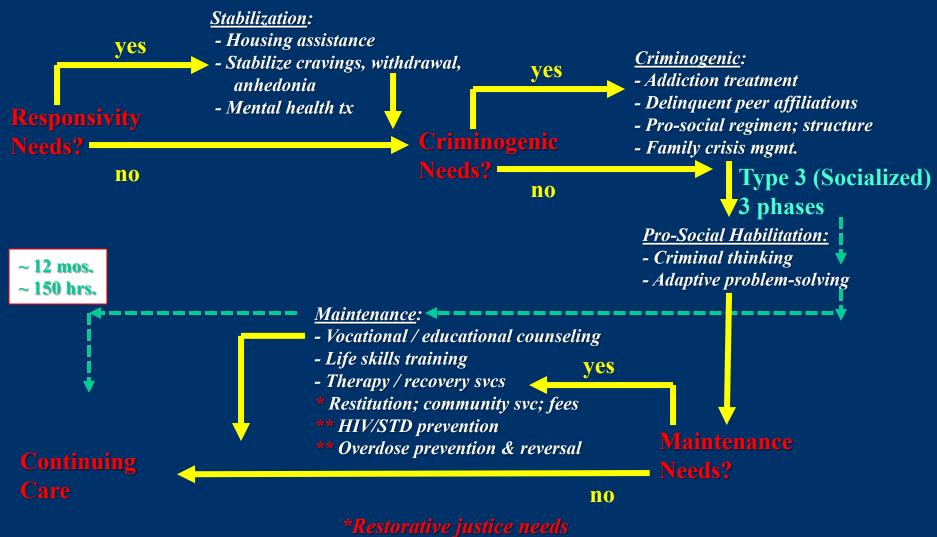
- 1. Responsivity needs interfere with rehabilitation
- 2. Criminogenic needs cause or exacerbate crime
- **3. Maintenance needs** degrade rehabilitation gains
- 4. Restorative needs aid community reintegration
- 5. Non-exigent humanitarian needs cause distress
- Continuing-care plan to address unmet needs
- Each phase advancement increases the odds of subsequent phase advancements <u>and vice versa</u>



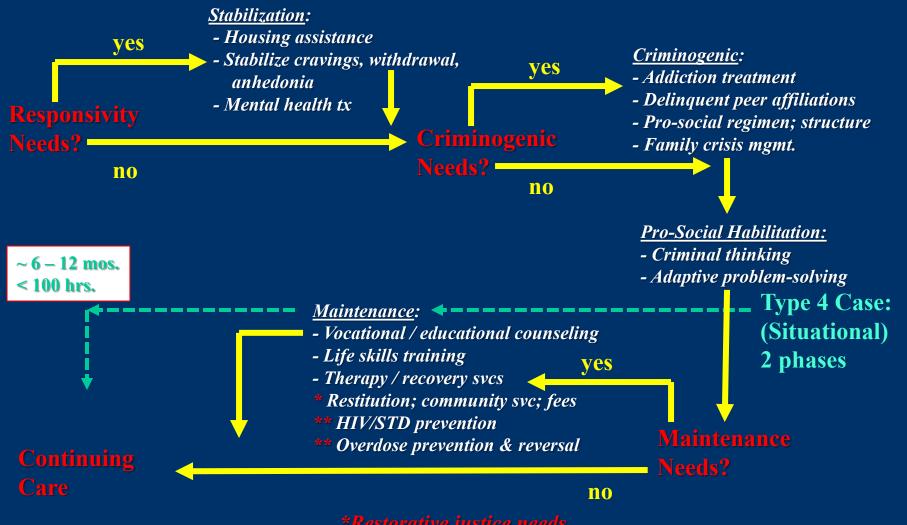
**Humanitarian needs



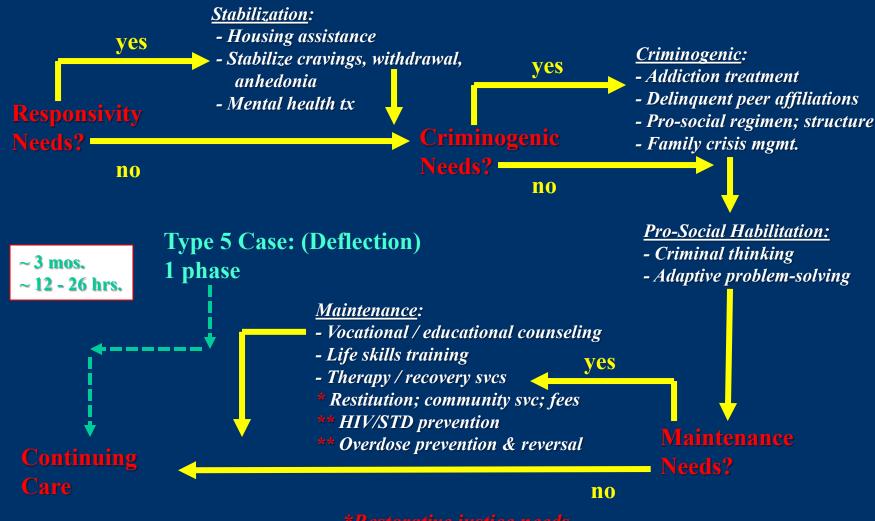
**Humanitarian needs



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*Restorative justice needs **Humanitarian needs



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Phase Demotion

- Often a sign that services were withdrawn prematurely
- Temporary regression and remedial plan (accelerated redemption)
- Avoid the Abstinence Violation Effect (A.V.E.)

Practice & Policy Reform

- There is no right to rehabilitation or evidence-based practices — there should be!
- Voluntary risk and need assessment before disposition (e.g., as part of a PSI) with use immunity
- Separate programs or tracks to avoid mixing risk and need levels in counseling groups or milieu
- Rationale on record for not following evidencebased practices
- Restrictive avenues for appeal (e.g., abuse of discretion or clearly erroneous standard)
- Publicize sentencing and dispositional data