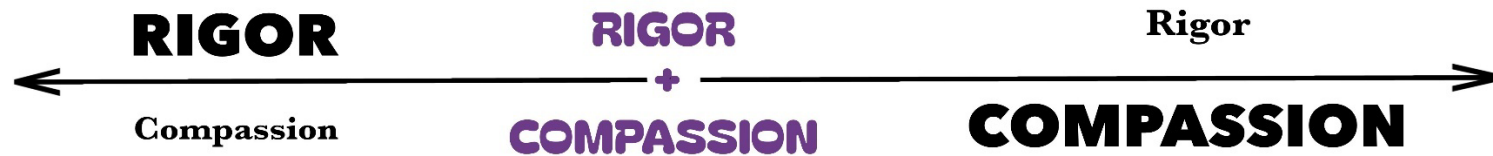


## Rigor and Compassion: A philosophical approach to the judiciary



1. Imagine the spot on the line you believe is the aspirational/ideal ratio of compassion and legal rigor in the day-to-day work of a judge
2. Next, find the spot on the line where you feel you are during a typical workday/case/decision
3. Now visualize the spot where you function on a typical basis in your personal relationships
4. Finally, visualize the spot on the line where you feel you could potentially drift under chronic or intense stress – is it different for professional versus personal?